

# MONTHLY NEWSLETTER



**HSD**  
HORSHAM SCHOOL OF DANCE

NOVEMBER 23

Welcome to our new look Newsletter! I'm calling it 'monthly' with good intentions to keep it up, so that we can keep you posted about all things HSD! There's always something going on so I know I won't be short on content! Do let us know if there's anything you'd like to see included in these bulletins in the future :)



1

SUCCESS!



We had a brilliant dressing up week just before half term and succeeded in raising over £200 for our chosen charity, Young Minds Trust UK. There were so many fabulous outfits so it was hard to choose a winner but in the end Pippa 'pipped' everyone to the post! Thank you everyone who donated or dressed up - you're all stars!

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## TEACHER'S 'TIP OF THE MONTH'

Our first Teacher's 'Tip of the Month' comes from Miss Katie - "Sometimes it's tempting to look at your feet or down at the floor when you're dancing, so try to imagine your chin is on a shelf to keep your head up, and eyes looking out towards the 'audience!'"



3

## DATES FOR YOUR DIARY

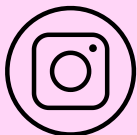
Saturday December 9th 4.30-6.30  
Christmas Showcase at Tanbridge  
House School. This event marks the  
end of term.

Bring a hot drink and we'll provide  
the mince pies!

Spring term starts on Monday  
January 8th.



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## HELP!

As we may have mentioned - it's our Show in July 2024! We will desperately need licensed chaperones so that we can run the show safely and in line with West Sussex CC regulations. If you are able to help then please do let us know if:

- You already hold a chaperone licence which will still be valid in July or
- You intend to take a chaperone course in time to have your licence for the show.

[Click here to go to the WSCC chaperone course link](#)



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## HSD MERCH!



If you need some last minute Christmas ideas don't forget you can purchase HSD merchandise through our local supplier Taylor Made Uniforms. Hoodies, T-shirts and bags are available from there. Other uniform is available through Katey Gamble at our email address. Wearing the correct uniform for dance class is important for many reasons - I'm convinced the students actually dance better when they are dressed neatly and have their hair tied back! We really appreciate your support in this :)

## 6 FUN FACT :)

Pointe shoes: you thought they were made from wood right?!

They're actually traditionally made from layers of fabric, paper and cardboard, hardened with a special glue-like paste - a bit like papier maché. The outside is covered in satin and the sole is made from cardboard and leather.

It takes years of training before a dancer can go 'en pointe' as you need build enough strength in your feet and body to be able to hold yourself up on your toes - the shoes help - but they can't do it all!

The shoes soften the more you use them - a professional dancer can go through several pairs of pointe shoes in just one performance!



## 7

## LAST WORD

We've just had a full day of ballet exams and I was struck by what a lovely day it was! All the children were so well prepared - by their teachers in classes, but also by parents who have got them to where they needed to be week after week, encouraged and supported them, and by our wonderful volunteer 'hairdressers' on the day (shout out to Ellen and Marie!). The examiner commented on how beautifully turned out they all looked, and how well run the day was. For what is considered a 'stressful' event we all had way too much fun!



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